

# Celebrate How God Made You!



**Written by: Rebecca Berschwinger**

May the truth of God's Word rest firmly in your heart and may He grant you the courage and boldness to speak His transcendent truths to a world living in darkness.

Resting in His truth,

Rebecca



P.S. To encourage you to be a light in the darkness, I invite you to listen to my weekly podcast, One Little Candle, at

<https://onelittlecandlepodcast.com>

<https://christianpodcastcommunity.org> or on any of your favorite podcast listening platforms.

Lovin' Truth Books

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**This book is dedicated to the parents  
and grandparents who are working to  
instill in their children and  
grandchildren a healthy fear of the  
Lord and a knowledge and love of the  
truth of God.**

**"Teach me Your way, O LORD; that I  
may walk in Your truth; unite my  
heart to fear Your name."**

**Psalm 86:11 ESV**



**People come in all  
different colors, shapes,  
and sizes because that's  
how God made them.**





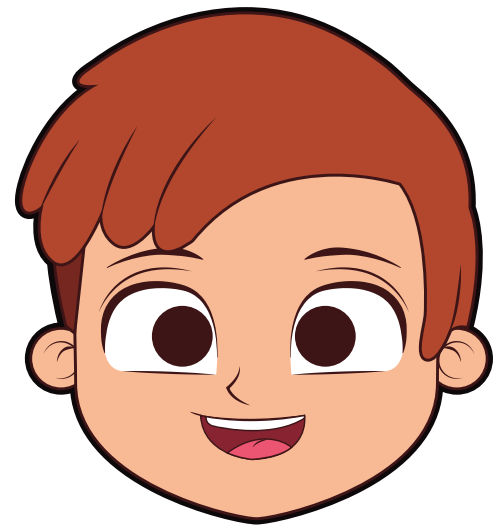
**God chose whether  
you'd be short, tall, or  
in between.**

He decided how your voice  
would sound

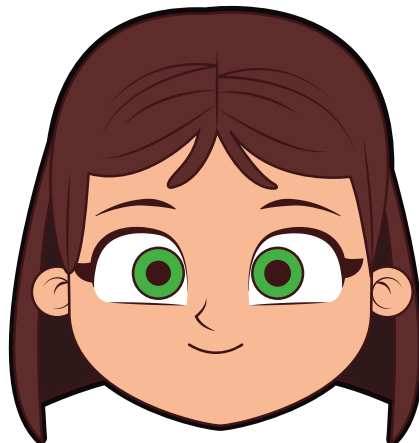


and what your smile  
would look like.





**God gave you your hair color  
and your eye color.**



And what's  
really amazing  
is that God  
decided all  
these things  
about you  
before you  
were even  
born!





**He even decided before you were born what gender you would be; a boy or a girl.**

**As we grow our body gets bigger. Our face and voice change too. Our hair may even change color if God decides He wants it to.**

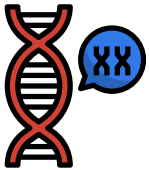




**Even though our bodies may change as we grow, one thing that will never change is who or what we are; a boy or a girl.**

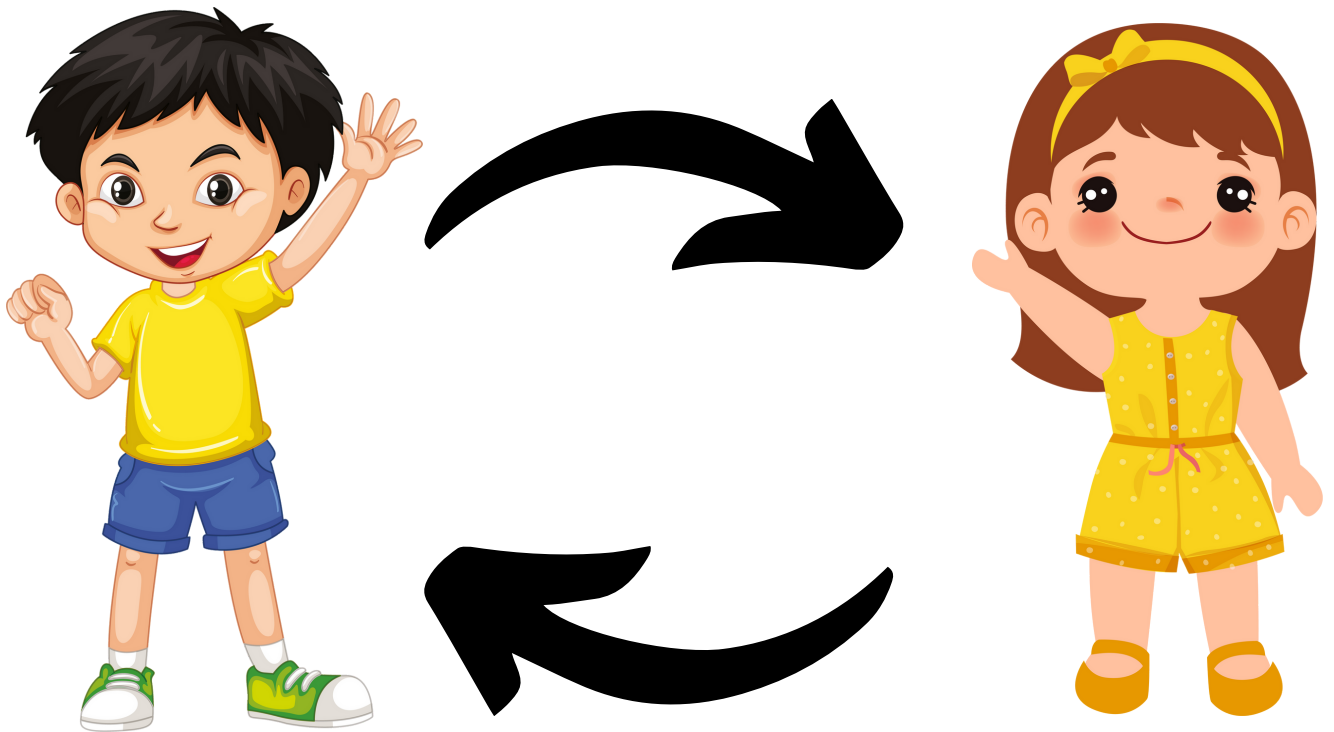


God made our  
bodies so that our  
gender can never  
ever be changed  
from the way we  
were born.





**A boy can never be a girl  
and a girl can never be a boy.**



**NO! NOT EVER!**

**God wants us to be happy with  
how He made us because we  
are made in His image.**



**You are very special and important because nothing else God created in this whole wide world was made in His image except for human beings.**



**The Bible says:**

**" So God created human beings in His own image. In the image of God He created them; male and female He created them."**

**Genesis 1:27. NLT**

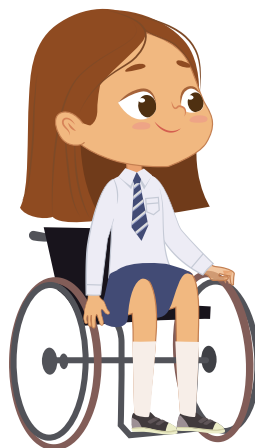
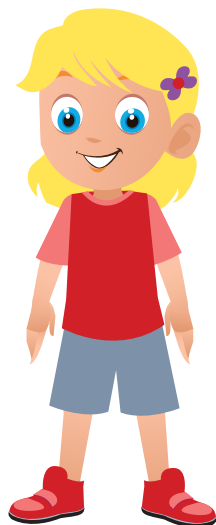
**Being made in God's image means that we have a special purpose in the world and we are like God in that we can love others and choose to do what is right.**



**You may not be perfect but you  
are unique. There is no one else  
like you.**



The wonderful thing is, you don't have to be perfect to be special, important, and loved.





**Because you are fearfully and wonderfully made! God made you with lots of love and care and a special purpose for your life.**





**God's Word says:**

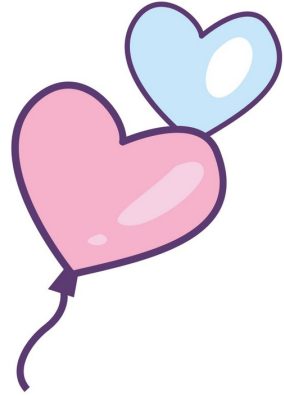
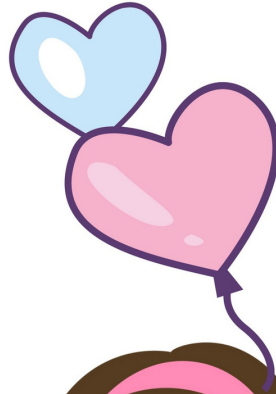
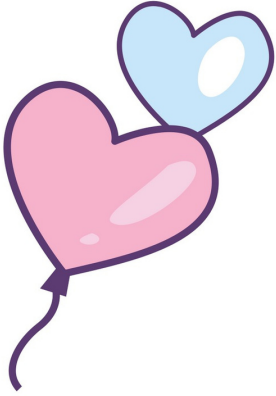
**"For You created my inmost being; You knit me together in my mother's womb.**

**I am fearfully and wonderfully made; Your works are wonderful, I know that full well. My frame was not hidden from**

**You when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in Your book before one of them came to be."**

**Psalm 139:13-16**

**So celebrate how  
God made you!**



**If you're a little boy, jump for joy  
and give thanks to God for  
making you a boy and making  
sure you always stay that way!**



And if you're a little girl, do the  
same. Jump for joy and give  
thanks to God for making you a  
girl and making sure you'll always  
stay that way!



**God is a good God and very  
wise. Thank you, God, for how  
You made me!**



A word to parents.

This book is written as an exceptional resource to help you to influence your precious children toward a healthy mental and spiritual life as God intended them to live.

The book's focus is to assist you in helping your child to embrace their God-given gender and know that without exception, it is permanently fixed.

Gender is not a social construct or something that is fluid. As much as people have tried very hard to separate it from one's biological sex by employing semantics and changing word definitions around to suit a very wrong way of thinking in an attempt to deny the undeniable science, it [gender] is in fact, one and the same.

The DNA that runs throughout our bodies screams what our biological sex/gender is and there is never any changing it no matter how hard one may desire to. No amount of hormones or body altering surgery will alter our God-assigned chromosomes and DNA.

God-made it that way for a very good reason. A person's gender is fixed as part of God's wonderful and perfect created order.

Your child will never be a girl trapped in a boy's body and vice versa, as some falsely and foolishly claim, because God, who created your child, is not a mean-spirited God. He is a God of infinite wisdom, love, and order.

To protect our precious children from the lies surrounding their God-given gender, we can work to instill a deep awareness in our child(ren) of the fact that they are created in God's image and are fearfully and wonderfully made.

Educate them by reading books like this with your child(ren). Pray over them and with them.

We can also point them in the right direction by consistently pointing them to Christ, the only place we can and should find our identity, in Him and Him alone.

And finally, find ways to celebrate your child's God-given biological sex/gender with them at as early an age as possible so as to encourage them to embrace how God has created them.



If perhaps, there does seem to be a genuine struggle with gender within your child, please know that it's not a physical issue, rather it is most certainly a mental issue and you should have the utmost compassion and patience with a child who is struggling in this area.

Getting he or she the proper help is of the utmost importance. That help, however, needs to be in the form of solid psychological help with a strong biblical foundation.

Of course, covering your child in prayer as well as having others close to you do the same is of the utmost importance as well. Be there for your child by loving them with God's unchanging truths. Never speak lies to them in an attempt to make them feel better because in the end it will backfire and affirming their mental confusion isn't loving them at all. In fact, it will point them down a path of destruction

Fortunately, the world is increasingly becoming aware of the tragedy of affirming gender dysphoria. More and more victims of gender confusion are coming out and speaking out (against heavy backlash from transgender activists) about the damage that was done to them because they were affirmed in their mistaken identity rather than given the psychological help that they needed.

**\*\***Although I am not a trained professional in the area of gender dysphoria, I do know what the Word of God says, which offers us much insight and guidance as to God's expectations of how we should live according to His perfect created order.

Also, I have spent an ample amount of time studying what experts as well as former transgenders have to say on the subject enough to be able to offer you the guidance mentioned above.

# Recomended Resources

## BOOKS

1. "From Transgender to Transformed" by Laura Perry
2. "Trans Life Survivors" by Walt Heyer
3. "Irreversible Damage. The Transgender Craze Seducing Our Daughters" by Abigail Shrier
4. "God and the Transgender Debate" by Andrew T. Walker

Focus on the Family also has excellent resources for parents on gender issues.

## ABOUT THE AUTHOR



Rebecca's passion is for reaching the next generation with the truth of God's Word.

Along with being a writer, including being a regular contributing writer for Fruits of Faith Ministries, Rebecca is also the creator and host of One Little Candle Christian Podcast; a member of the Christian Podcast Community.

Several years ago, Rebecca responded to God's call to go forth and empower and encourage believers to know not just what they believe, but why they believe and to stand firm in God's transcendent truths.

She has had the privilege of teaching Christian Worldview classes to high-schoolers along with creating and teaching Bible studies to the male and female inmates at her local county jail.

She has served as a crisis pregnancy counselor for the Alpha Pregnancy Center and most recently as a Discipleship Coach for the Billy Graham Evangelistic Association.

Along with studying Systemic Theology and for her certificate in Christian Apologetics, Rebecca enjoys her role as a wife, mom of four, and Nana to six precious grandchildren; all who live in upstate New York. In addition to spending time with her family, Rebecca also enjoys reading, writing, cooking, camping, and gardening.